

MTY FOOD GROUP INC.
(The "Company")

May 6, 2009

TSXV trading Symbol: MTY

NEWS RELEASE

AGM 2009

MTY Food Group Inc., is pleased to announce that at the Annual General Meeting held Wednesday, May 6th, 2009, Mr. Stanley Ma, Ms. Claude St-Pierre, Mr. Stephen A. Stone, Mr. Harley Oberfeld and Mr. Murat Armutlu were all re-elected as Directors of the Company.

Subsequent to the Annual General Meeting, the Board of Directors re-elected Mr. Stanley Ma, as Chairman of the Board and President/CEO of the Company, while Ms. Claude St-Pierre was re-elected as CFO and Secretary of the Company. Mr. Stephen Stone, Mr. Harley Oberfeld and Mr. Murat Armutlu were re-elected as members of the Company's Audit Committee.

MTY FOOD GROUP INC.

Stanley Ma, Chairman & President/CEO

For more information, please contact Jean-Francois Dubé, Investor Relations at 1-450-226-8475 or by -email at jfcinc@cgocable.ca or visit our website: www.mtygroup.com. This news release was prepared by management who takes full responsibility for its contents. Neither the TSX Venture Exchange nor its Regulation Services Provide (as that team is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this news release.