

**MTY FOOD GROUP INC.  
3465 Thimens Blvd.  
Ville St-Laurent, Quebec H4R 1V5**

May 4, 2010

TSXV Trading Symbol: "MTY"

**NEWS RELEASE**

**MIGRATION TO THE TORONTO STOCK EXCHANGE**

MTY Food Group Inc. (the "Company" or "MTY") today announced that it has received conditional approval to list its common shares on the Toronto Stock Exchange ("TSX"). Subject to fulfilling the TSX listing requirements, the Company will transfer its listing from the TSX Venture Exchange to the TSX. The Company's common shares should commence trading on the TSX within the next 2 weeks, under the symbol "MTY". A further notice of listing will be issued.

MTY franchises and operates quick service restaurants under twenty five different banners throughout Canada and in the Middle East. With a dynamic network of 1,597 locations and system-wide sales approaching \$400 million during its 2009 fiscal period, MTY is one of the leaders of its industry in Canada.

**On Behalf of the Board of Directors of  
MTY Food Group Inc.**

---

Stanley Ma, Chairman, President & CEO

For more information please contact Jean-Francois Dube, Investor Relations at 1-450-226-8475 or by email at [jfcinc@cgocable.ca](mailto:jfcinc@cgocable.ca) or visits our website: [www.mtygroup.com](http://www.mtygroup.com) The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.