

MTY FOOD GROUP INC.
3465 Thimens Blvd.
Ville St-Laurent, Quebec H4R 1V5

May 4, 2010

TSXV trading Symbol: MTY

NEWS RELEASE

AGM 2010

MTY Food Group Inc., . (the "Company" or "MTY") is pleased to announce that at the Annual General Meeting held Tuesday, May 4th, 2010, Mr. Stanley Ma, Ms. Claude St-Pierre, Mr. Stephen A. Stone, Mr. Jason Lin and Mr. Murat Armutlu were all re-elected as Directors of the Company.

Subsequent to the Annual General Meeting, the Board of Directors re-elected Mr. Stanley Ma, as Chairman of the Board and President/CEO of the Company, while Ms. Claude St-Pierre was re-elected as CFO and Secretary of the Company. Mr. Stephen A. Stone, Mr. Jason Lin and Mr. Murat Armutlu were re-elected as members of the Company's Audit Committee.

MTY FOOD GROUP INC.

Stanley Ma, Chairman & President/CEO

For more information please contact Jean-Francois Dube, Investor Relations at 1-450-226-8475 or by email at jfcinc@cgocable.ca or visits our website: www.mtygroup.com The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.