

MTY FOOD GROUP INC.
3465 Thimens, St-Laurent, Quebec, H4R 1V5

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TSX Trading Symbol: "MTY"

NEWS RELEASE

**KING OF ITS OWN COURT: MTY GROUP OPENS ITS FIRST FOOD COURT –
SIX (6) BRANDS UNDER ONE (1) ROOF**

Toronto, Ontario – MTY Food group Inc. ("MTY" or the "Company") (TSX: MTY) is known for its multi-banner portfolio, with 27 brands under management across Canada and internationally. Located in most food courts across Canada, MTY has always been in the company of its competitors, however the very first MTY Food Court, dubbed "7 King Court", is about to open with six (6) MTY brands all under one roof. Named after its location at the intersection of Yonge Street and King Street situated in the heart of downtown Toronto, customers can come into "7 King Court" and select to eat at Mr. Sub, Country Style, Thai Express, Villa Madina, Tiki-Ming or Sushi Shop.

"We are always looking for new opportunities to expand our concepts, therefore, it makes sense to team up a few of our MTY brands and create our very own food court," says Stanley Ma, President & CEO of MTY Group. "We are all very excited about 7 King Court and look forward to building more MTY Food Courts in the future."

Stylishly designed with high ceilings and a brightly-lit interior, "7 King Court" has over 100 seats and is conveniently located directly outside the King subway station. "7 King Court" will open its doors for business on February 1st, 2012. Grand opening celebrations will be taking place during the entire month of February with promotions, giveaways and prizes.

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On Behalf of the Board of Directors of
MTY Food Group Inc.

Stanley Ma, Chairman, President & CEO

For more information please contact Jean-Francois Dube, Investor Relations at 1-450-226-8475 or by email at jfdube@mac.com or visits our website: www.mtygroup.com or visit SEDAR's website at www.sedar.com under the Company's name.